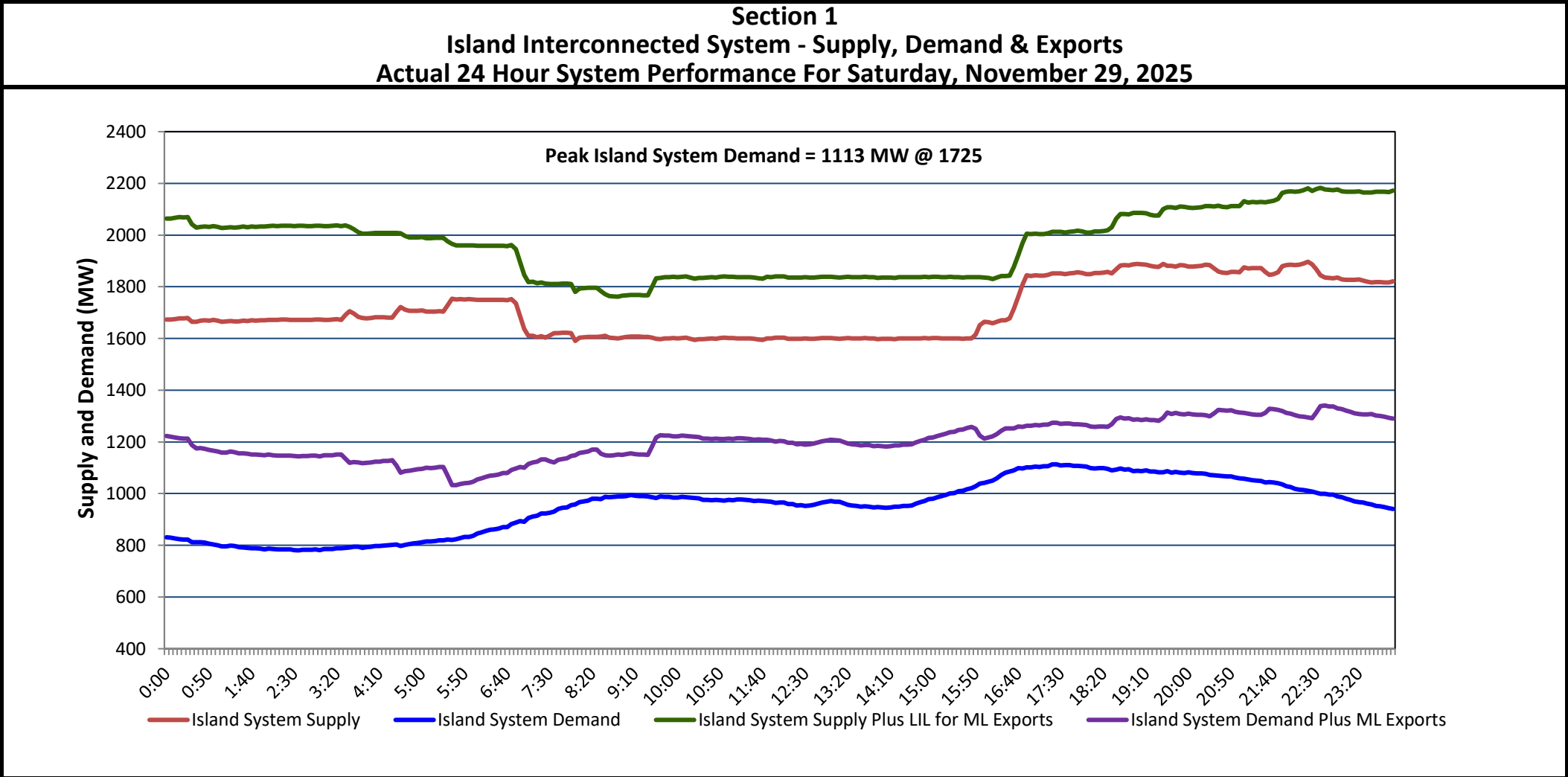


Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Monday, December 01, 2025



Island Supply Notes For November 29, 2025¹

A	As of 0800 hours, March 30, 2025, Holyrood Unit 3 unavailable due to planned outage 130 MW (150 MW).
B	As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 1 unavailable due to planned outage (76.5 MW).
C	As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).
D	As of 1400 hours, November 04, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
E	As of 1423 hours, November 20, 2025, Hardwoods Gas Turbine available at 25 MW due to forced derating (50 MW).
F	As of 1841 hours, November 27, 2025, Holyrood Unit 1 available at 150 MW due to planned derating (170 MW).
G	At 0801 hours, November 29, 2025, Labrador Island Link available at 450MW due to planned derating (700 MW) - Monopole.
H	At 1618 hours, November 29, 2025, Labrador Island Link available at full capacity (700 MW) - Bipole.

Section 2

Island Interconnected System - Supply, Demand & Outlook

Sun, Nov 30, 2025	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,895 MW	Sunday, November 30, 2025	1,180	1,086
NLH Island Generation: ^{3,7}	1,345 MW	Monday, December 1, 2025	1,170	1,076
NLH Island Power Purchases: ⁵	115 MW	Tuesday, December 2, 2025	1,280	1,185
NP and CBPP Owned Generation:	175 MW	Wednesday, December 3, 2025	1,195	1,101
LIL/ML Net Imports to Island: ⁹	260 MW	Thursday, December 4, 2025	1,270	1,175
7-Day Island Peak Demand Forecast:	1,420 MW	Friday, December 5, 2025	1,355	1,259
		Saturday, December 6, 2025	1,420	1,324

Island Supply Notes For November 30, 2025

Notes:

1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2. As of 0800 Hours.

3. Gross continuous unit output.

4. Gross output from all Island sources (including Note 3).

5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).

6. Adjusted for interruptible load and the impact of voltage reduction when applicable.

7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.

8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Sat, Nov 29, 2025	Island Peak Demand ¹⁰	17:25	1,113 MW
	Exports at Peak		161 MW
	LIL Net Imports to Island		3,086 MWh
Sun, Nov 30, 2025	Forecast Island Peak Demand		1,180 MW

Notes:

10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).